

# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.37 September 2016

## WELCOME

We look back at a cracking weekend in Shropshire and report on the Club's two successful Hill Climbs. Changes are to be made to Club membership fee payment and the requirement for ride leaders is highlighted.

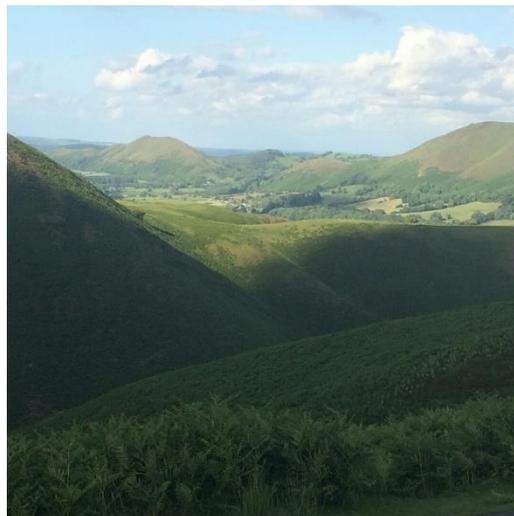
## RIDE LEADERS WANTED

The Club is looking for volunteers to lead Club Runs. It is hoped that leaders will be available for Saturday Beginners Rides and Sunday Short and Medium Rides. The plan is for leaders to take 7-8 rides per year spread evenly over twelve months.

Interested? For more information, contact our Runs Secretary Pete Matthew at Thursday Club nights or by email at [runs\\_sec@rochdalectc.org.uk](mailto:runs_sec@rochdalectc.org.uk).

## SHROPSHIRE WEEKEND

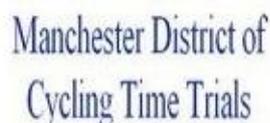
(WITH A STEEP SURPRISE)



The Beautiful Shropshire Countryside

It's been a while since this happened but on a weekend back in June a small but perfectly formed group of the more mature riders took off on a trip to the relative unknown of the Shropshire hills. The group camped at a local hostel and managed to miss the most of the changeable weather. Arriving late on the Friday night for most of us, we were met by Gareth sat outside his tent having already fallen out with the staff at the local (and only) pub. Never one to hold a grudge the rest of the group took the bull by the horns and made a firm stand by going back to the pub and continuing to drink their beer. 'That showed them' was the general consensus.

The Saturday morning dawned to a ride shared by a work colleague of Georgina's and contained a secret that wasn't to be shared until the last minute, that being the ride after about 80 miles, would contain within the last 5 miles a climb of the Burrway, a very steep and long nasty climb, used as a National Hill Climb course. There was no point telling the group before they needed to know...





# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.37 September 2016

## DATES FOR YOUR DIARY

Our Social Sec. Gareth is organising the following events. Make a note in your diaries as they are not to be missed.

### 4<sup>th</sup> December 2016

Club Run followed by the Riders Christmas Dinner at the Puckersley.

### 14<sup>th</sup> January 2017

Club Annual Dinner and Awards Ceremony at Rochdale Golf Club.

Gareth is also organising a night out at the end of October or early November. There is a choice of Go-Karting or Laser Quest and Ten Pin Bowling followed by a curry. Please contact Gareth with your preference ([socialsec@rochdalectc.org.uk](mailto:socialsec@rochdalectc.org.uk))



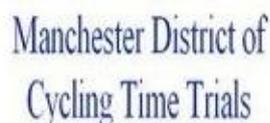
### The Surprise of the Day

The days riding went through beautiful roads, even the ones linking the busier towns were really quiet and of excellent surface. The views and coffee stops were also really lovely, with a fair smattering of other riders knocking about. There was no point putting off the inevitable though and eventually we ended up back in Church Stretton for the starting point of the Burrway. The climb starts with a few hundred metres of easy enough gradient, leaving the posh houses behind. Passing a warning sign and a cattle grid then really kicks up. Pretty soon the gradient hits 20% and the road falls away down a steep slope to the right. If you could get your breath enough to do anything other than stare at the 2m of road immediately in front of you the views were simply stunning. Without naming names some of the group enjoyed this little surprise more than others and the odd expletive was heard. From the top of the hill the ride back to the hostel was a fast descent, a mixture of sweeping bends and tight technical single track.



### Would It Be Easier on These?

While the rest of the group went off to shower, I had the unenviable task of jumping in the car to look for a missing member of the group who failed to show at the top of the hill. Nigel was found pushing up the Burrway having double punctured and not having a second CO<sub>2</sub> cartridge to blow up his tyre. There was relief all round that at least he hadn't gone off the edge though!





# La Gazzetta

Newsletter of Rochdale CTC & the East Lincs Road Club



No.37 September 2016

## M&D TTA SUCCESS

As you are all hopefully aware, the Manchester District Time Trial Association (M&DTTA) runs a season long series of 20 events where any club riders can amass points.

The great news is that no less than 5 of our Junior and Juveniles have placed this season. This is magnificent news for the club and it's very pleasing to see them representing the club in such a positive manner.

The winners are as follows:

Juniors  
1st Overall - Alex Trippier  
2nd Overall - Sam Walley

Juveniles  
1st - Noah Codling  
3rd= Niamh Coulter & Jack Millar

I'm sure you'll all join me in congratulating them all!

Andy Regan

The local hostelry gave our group a huge table for the night and served up some great grub and a well deserved beer or two.

Our final day had a small cohort doing an easy morning spin before packing up the tents and heading home.

Overall it was a great cycling location with some challenging riding, but on good roads with hardly any traffic. We did find parts of the area that were a lot flatter, but not till we were in the car on the way home. Maybe that's for next time, with another cheeky trip back to the Burrway, just for fun.

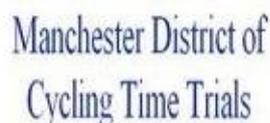
**Thanks to Georgina for the report.**

## BLACKSTONE EDGE TWO STAGE HILL CLIMB

Just to the east of Rochdale the early morning mist over Blackstone Edge cleared to provide riders with warm and favourable conditions. It is three years since the East Lincs Road Club took over this early season slot in the hill climb calendar, changing the format to a two stage climb. Following last years event run on two new climbs of Huddersfield Rd, Newhey and Buckstones Rd, Shaw, this year's editions saw the riders return to Blackstone Edge and Blackstone Edge Old Road.

Stage 1 saw the second running of an open hill climb on the 0.4 Blackstone Edge old road, short but sharp and a very different climb from the main road. Last year's winner, Adam Kenway, taking the honours with a 1m 33.2s time, pipping Dan Evans by 1.1s who returned a time of 1m 34.3s. Third placed rider was Aidan Holgate of North Lincs road club a mere 0.1s behind Evans in 1m 33.4s.

Stage 2 took the riders back on to main Blackstone Edge road, a climb of just over 2 miles. The car park at race HQ was bathed in warm sunshine and discussion over the lunchtime break at race HQ turned to how this would translate on the hill and if Mark Lovatt's 7m 36s course record would be broken. The first batch of times sent to Race HQ revealed Keiran Savage had shaved 1 second from the record at 7m 35s. A mere 16 minutes later and Adam Kenway had shaved a further 9 seconds off the record to return a 7m 26.2s. The attention turned to Dan Evans, with riders hovering around the scoreboard to witness the record tumbling for a third time in 7m 10.2s to secure first placed rider on stage 2 and taking the course record prize for the main climb.





# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.37 September 2016

## GO RIDE

Our Go Ride secretary can be contacted by email at [goride\\_sec@eastlancsroadclub.org.uk](mailto:goride_sec@eastlancsroadclub.org.uk).

## COMING UP...

### 2<sup>nd</sup> October

Short Ride – Meltham  
Medium Ride – 7,000ft in 6  
Hours Reliability Ride

### 9<sup>th</sup> October

Short Ride – Hebden Bridge  
Medium Ride – Wycoller  
Long Ride – Grassington

### 16<sup>th</sup> October

Short Ride – Bolster Moor  
Medium Ride – Parbold  
Long Ride - Langsett

### 23<sup>rd</sup> October

Short Ride – Edgworth  
Medium Ride – Chatburn  
Long Ride - Scorton

### 30<sup>th</sup> October

Short Ride - Rippondon  
Medium Ride –Rivington

Please note that there are no Long rides from 30<sup>th</sup> October. All Club runs from this date have a start time of 9:30am.

Alex Trippier of East Lancs Road Club was first Junior, with an aggregate time of 10m 31.8s. Thomas Cornwall of DFL In Gear, secured fastest Juvenile with a time of 10m 33.4s, a mere two seconds behind Alex. David Watt (Team Elite/Paul Bethell Electrical) took the honours in the Vets comp with a 10m 55.1s aggregate time.

The Ladies competition saw our Club take first and second places, with Georgina 13m 56.3s, and Nicole Decamps in her first open time trial at 18m 57.1s.

Manchester Bicycle Club took the honours for the fastest team.



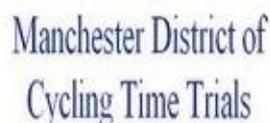
The Top Three Riders (left to right) – Keiran Savage, Dan Evans, Adam Kenway

Club members recorded the following times. Chris Green (10m 23.2s), Alex Trippier (10m 33.4s), Sam Walley (10m 52.6s), Josh Decamps (11m 56.2s), Andy Gorton (11m 56.7s), Jack Millar (12m 24.5s), Cameron Fitton (12m 39.7s), Joseph Cooke (12m 50.5s), Ian Jackson (13m 33s), Noah Codling (14m 00s), Georgina (13m 56.3s), Patrick Cooke (15m 02.2s), Nicole Decamps (18m 57.1s).

Thanks to the catering team and to Jason Codling for organising the event and to Andy Regan for the report.

## REVISED MEMBERSHIP RENEWAL PROCESS

The East Lancs has become a fairly large club now and the collection of membership fees is becoming increasingly problematic. Therefore, the Committee has agreed that there will be a common renewal date for all members. Therefore, we will adopt the following in the meantime, for all classes of membership.





# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.37 September 2016

## BEARD CUP

### RESULTS

#### Fastest Team

Chris Green, Alex Trippier &  
Sam Walley  
East Lancs RC

#### Fastest Man

Kieran Manchester 4m 48.3s  
Saddleworth Clarion

#### Fastest Lady

Georgina 6m 59.4s  
East Lancs RC

#### Fastest Juniors

Henry Cash 4m 52.1s  
Holmfirth CC  
Alex Trippier 5m 03.3s  
East Lancs RC

#### Fastest Juveniles

Ollie Makinson 5m 28.1s  
East Lancs RC  
Cameron Pilkington 6m 24.9s  
East Lancs RC

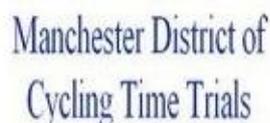
#### Fastest Tourist

Chris Lowe 10m 03.8s  
East Lancs RC

1. Everyone's renewal fee will continue to become due on the same date they joined the Club up until 30th September 2017;
2. Christine, as our Membership Secretary will continue to issue "Reminders" as necessary to ensure we bring our fees up to date for the end of September 2016 and 2017;
3. From 1 October 2016, all current and new Senior and 2nd Claim members will pay an annual membership fee equivalent to £2/month to take them from their current renewal date up to the end of September 2017;
4. Similarly, under 18 members will pay their fee at a rate of £1/mth;
5. At the end of September 2017 everyone's membership will expire and become due for renewal;
6. From 1 October 2017 every members annual membership fee will become due for renewal at the rate applicable at the time, which is envisaged to be the same as at present at £25 for Seniors and 2nd Claim, and £15 for U18's;
7. From the 1st October 2017 onwards the following will apply to new members joining the Club;
  - a. Senior and 2nd Claim members will pay their membership at a rate of £2/month to take them to the end of the following September;
  - b. Under 18 members will pay their membership at a rate of £1/month to take them to the end of the following September;
  - c. New members joining the East Lancs RC in July, August or September of every year will pay the full annual Fee due, and get all the following year included.

This revised process will take all of the next 12 months to put in place until we get to the 1st October 2017 when we will ALL renew our membership on this date.

Hopefully this will work through smoothly and once the next 12 months are past us, the task of renewing our Club membership will be more straightforward. For more information, contact Dave Trippier ([davidt@rochdalectc.org.uk](mailto:davidt@rochdalectc.org.uk)) or Christine White ([membership\\_sec@eastlancsroadclub.org.uk](mailto:membership_sec@eastlancsroadclub.org.uk)).





# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.37 September 2016

## ELRC BEARD CUP

### RESULTS

Chris Green	5m 01.2s
Alex Trippier	5m 03.3s
Sam Walley	5m08.9s
Ollie Makinson	5m 28.1s
Josh Decamps	5m 55.2s
Jack Millar	6m 20.3s
C. Pilkington	6m 24.9s
Cameron Fitton	6m 27.3s
Joseph Cooke	6m 27.8s
Alex Wiseman	6m 43.3s
Dave Ireland	6m 56.2s
Patrick Cooke	6m 58.3s
Georgina	6m 59.4s
Shaun Leonard	7m 07.3s
M. Turneau	7m 54.5s
Gareth Snell	8m 55.5s
Fred Hassall	9m 14.3s
Nicole Decamps	9m 19.6s
Chris Lowe	10m 03.8s

## GARETH'S BEARD CUP

Gareth Snell reports on his Beard Cup experience.

After celebrating my brothers 60<sup>th</sup> Birthday the night before it was a late start for me to attempt my one and only hill climb of the season. Andy Regan led the warm up ride from the Leisure centre starting at 08:30. It was a bit less tortuous than his warm up ride last year which took in every hill between Rochdale and Bolster Moor farm shop. Still he didn't disappoint taking the aspirant hill climbers on their best road machines off-road on a mountain bike track. Every ride's an adventure with Andy.



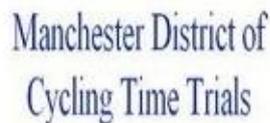
I pootled over to the Woolyknit Café at my own pace and warmed up with several cups of coffee. Tension and nervous apprehension mounting, I made my way over to the start line. First off at 14:00, so as long as nobody passed me on the actual climb I would technically be the fastest up the hill, if I made it, if only for a brief interlude.

Whilst waiting at the line it seemed the whole of the ELRC under 20 brigade hurtled down the hill, seemingly unaware of the large pothole on their side of the road. Evasive manoeuvres and bouncing bikes everywhere, luckily nobody came off. But a lesson to be learnt, recon the route first, even the return.

So, there I stood left foot on the starting block, a huge stone 'Bloody 'ell that's handy, where did you get that from?'

'From the field where I left it last year' replied the starter. 'By the way, get your foot off it, it's for your back wheel to rest against.'

5, 4, 3, 2, 1, and I was off. Pushing as hard as possible, panting like a race horse whilst trying to keep my heart rate below its max. Passing cheering supporters yelling encouragement at an overweight cyclist trying to set a personal best. 8 mins 55 secs later





# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.37 September 2016

## ROAD SAFETY

You may all have seen the email sent round by Gareth about road safety. However, it certainly bears reiteration.

Two members of the club have been involved in road traffic accidents in the last week. Separate incidents and both whilst riding their bikes. So, just a word of caution, ride safely and sensibly. We go out to enjoy ourselves and return home in one piece and not via A & E.

Its no good insisting that you had the right of way when you've a tyre track over your head and your prized possession is lying mangled at the side of you.

TAKE CARE.

## ...AND FINALLY

Articles for the newsletter are always welcome. If you have any news, results, ride reports or anything you think may be of interest to others please email them to me at [newsletter@rochdalectc.org](mailto:newsletter@rochdalectc.org)

I'd made it. PB achieved, heart going like a trip hammer. The sense of relief from the spectators was palpable, I think they'd been expecting to have to perform CPR.

Back to the Woolyknit for a beer and wait for the results. I was the talk of the café for a few minutes until more results came in. Time to talk over the ride with all the other athletes and await the presentation. ELRC won again, third year in a row. Great stuff.

A great afternoon out, made possible by all the volunteers who give their time and effort for free, and the Woolyknit for providing the best burgers I've eaten in a long time.

Will I be back next year? Maybe. Have to get below 8 mins which will probably mean a more streamlined me, or should I get a skinsuit? Naw, I'd get locked up for wearing one of them.

A special mention must also go to Nicole Decamps who, having noticed that rain had washed stones onto the Beard Cup course took up a brush and cleared the road. Thanks Nicole!

