



# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.50 November 2017



## WELCOME

This month we round up the AGM, the Best All Rounder competition and look forward to some end of season social events.

## KETTLEWELL WEEKEND

We have sole occupancy of the Hostel for the weekend of 24<sup>th</sup> – 26<sup>th</sup> November for the unbelievably cheap price of £25 per head for the whole weekend.

Breakfast is available for £7.50 per day. We have reserved a function room at the Blue Bell Inn for a team dinner on the Saturday night

Gareth be riding over on the Friday and Darryl is planning the rides for Saturday and Sunday. Anybody interested get your names to Darryl who can be contacted at [darrylnolan12@gmail.com](mailto:darrylnolan12@gmail.com).

## ANNUAL GENERAL MEETING

The Club's AGM was held at Rochdale Rugby Club on 31<sup>st</sup> October. As Club Secretary, Dave Trippier presented annual report which covered all aspects of the Club's activities.

Starting with Health Safety, it was recognised that the cycling skills courses held at the Tameside Circuit had been a success and had improved the discipline and safety on Club runs. More generally, our safety record has been better this year and we continue to strive toward safer cycling.

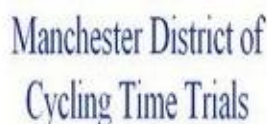
The current Committee membership was discussed. The current Committee members are as follows.

President	John Howard
Club Secretary	David Trippier
Treasurer	Suzanne Millar
Membership Secretary	Andy Regan
Website & Newsletter	Jon Preston
Best All Rounder Secretary	Gareth Snell
Runs & Rides Secretary	Pete Matthew
Social Secretary	Gareth Snell
Welfare Officer	Heather Preston
Junior Group Representatives	Josh Decamps & Jack Millar
Clothing Secretary	Jason Codling
Committee Member	Darryl Nolan

There are significant vacancies in the following positions: Racing Secretary, Go Ride Secretary and Women's Group Secretary. Of particular importance is the latter as ladies currently comprise 25% of the membership which is growing. If you are interested in volunteering for any of these positions please do. More generally, members are welcome to attend any of the Committee meetings to put forward their views and get involved with the running of the Club. For more details please contact David Trippier ([clubsec@eastlancsroadclub.org.uk](mailto:clubsec@eastlancsroadclub.org.uk)).

It was noted that Junior membership has fallen. We have plenty of youngsters showing interest but are often deterred once they start to ride on the road. As a Club we need to address this and make the younger Club members feel safe and welcome.

Volunteers are always required to help to keep the Club's activities running. Of particular concern are the lack of Ride Leaders for Saturday and Sunday Club Runs and marshals and helpers for events such as the time trials and road race. Please consider giving up some of your spare time to help the Club hold its well attended and successful events.





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## SATURDAY TRAINING RIDE

At the AGM there was unanimous support for a Saturday Training Ride to cater for riders that do not benefit from the traditional Club Runs.

Starting on 4<sup>th</sup> November. The rides start at 9am from Rochdale Leisure Centre and the 40 – 50 mile route will vary from week to week. Please note there is no lunch stop and if dropped you will be expected to make your own way home.

## WINTER CLUB RUNS

The Club's winter runs schedule starts on 28<sup>th</sup> October. From this date there are no long runs and the Sunday riders all start at 9:30am.

Please remember that mudguards and lights are compulsory on all winter runs for both you and fellow riders safety and comfort.

There was a long discussion about starting a sponsored Road Race team. Presently, we lose our most promising riders to racing teams when they reach a level that the Club cannot currently support. There was general approval of the idea and advice will be sought from people with experience in this area to determine what is involved and the resources required.

The meeting was an interesting and well presented event. Sadly, only 20 of the Club's 100+ members attended. If you would like a say in the running of your Club please consider attending next year or come to one of the six-weekly Committee meetings.

## RAKE HILL CLIMB

On the 8<sup>th</sup> October one of the most famous and popular Hill Climb events in the calendar was held on Rawson Rake in Ramsbottom organised by Lancashire Road Club from Bolton. This is a punishing 947 yard climb which climaxes with a final stretch to the finish at a gradient of 25%, so steep there is handrail for pedestrians to get up and down the road.

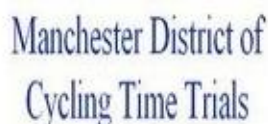


There was a field of approximately 100 riders starting at 1 minute intervals from 12 noon and an early rider at Number 4 was Pat Cooke from the East Lancs who crossed the line in 2m 21s to improve his 2016 performance by some 40 seconds.

Following at number 13 was younger brother Joe Cooke out to challenge his brother for hill climbing bragging rights and he crossed the line in 3m 24s, 3 seconds adrift of Pat. Both brothers deserve credit for entering one of the hardest events in the Hill Climb canon.

The event was won by Joseph Clark from Cycling Sheffield Giant in 2m 22.3s. The fastest lady was Fiona Burnie from GS Metro at 3m 11.6s. The Junior winner was James Noonan riding for Hopper Rollers with a time of 2m 48.3s.

Thanks to Dave Trippier for the report.





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## SUNDAY CLUB RUNS

Rides start at 9:30am from Rochdale Leisure Centre.

### 19<sup>th</sup> November

Short Ride – Ripponden  
Medium Ride – Roughlee

### 26<sup>th</sup> November

Short Ride – Bolster Moor  
Medium Ride – Wycoller

### 26<sup>th</sup> November

Short Ride – Bolster Moor  
Medium Ride - Wycoller

### 3<sup>rd</sup> December

Club Runs to Riders Dinner

### 10<sup>th</sup> December

Short Ride – Crawshaw Booth  
Medium Ride – Buxton

### 17<sup>th</sup> December

Short Ride –  
Slaithwaite/Marsden  
Medium Ride – Haigh Hall

### 24<sup>th</sup> December

No scheduled rides

### 31<sup>st</sup> December

No scheduled rides

## CLUB CLOTHING & MERCHANDISE

The latest clothing order was submitted around 6 weeks ago and is due to arrive any day soon. Our next clothing order will be put together in the new year late January/early-February for delivery mid-March.

We do carry a stock of jerseys in a selection of sizes, so if you missed out on this latest order but would like a club jersey please get in touch and I'm sure we can help you out.

As well as a stock of jerseys we also carry a stock of various other items of club kit and club merchandise.

The following items are available from stock.

- Arm Warmers
- Winter Fleece Lined Neck Buff
- Light Weight Neck Buff
- Team Time Trial Socks
- Water Bottles
- Umbrellas
- Stem Caps

If you are interested in any of the stock items please contact Jason the email address is [clothing\\_sec@eastlancsroadclub.org.uk](mailto:clothing_sec@eastlancsroadclub.org.uk).

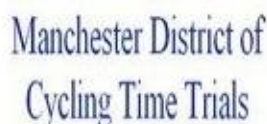
## DATES FOR YOUR DIARY

### ABC Centreville Dinner 18<sup>th</sup> November 7pm

East Lancs members and their partners/guests are invited to the ABC Centreville Dinner at Heywood Bowling Club. It is an informal event with buffet and the cost is £10.00. If you are interested contact Dave Trippier ([clubsec@eastlancsroadclub.org.uk](mailto:clubsec@eastlancsroadclub.org.uk)).

### Cycle Addicts Turbo Trainer Event 15<sup>th</sup> November 6pm

There will be a demonstration of fully interactive turbo trainers linked to Zwift for people to try out. We will be having a watt challenge and a few other games to make it a little fun. Please let David Brown at Cycle Addicts (01706 860 188) know in advance if you would like to attend. Address unit 3 Red Brook Mill Bury Road Rochdale OL11 4EE.





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**5 Years**  
1967-2017

## SATURDAY CLUB RUNS

### 18<sup>th</sup> November

Beginners – Heaton Park  
Medium Ride – Haigh Hall

### 25<sup>th</sup> November

Beginners – Hebden Bridge  
Medium Ride – Lyme Park

### 2<sup>nd</sup> December

Beginners –  
Haslingden/Helmshore  
Medium Ride – Homfirth

### 9<sup>th</sup> December

Beginners – Pavillion Café  
Medium Ride – Tockholes

### 16<sup>th</sup> December

Beginners – Summerseat G.C.  
Medium Ride – Roughlee

### 23<sup>rd</sup> December

Beginners – Uppermill/Diggle  
Medium Ride – Wycoller

### 2<sup>nd</sup> December

Beginners – Edenfield  
Medium Ride – Buxton

All runs start from Rochdale  
Leisure Centre at 9:30am.

### Riders Christmas Dinner 3<sup>rd</sup> December 12:30pm

Following a leisurely Sunday morning Club run riders convene for the dinner at the Puckersley Inn. The price is £15.00 per person. To book your place and for menu details contact Gareth at ([socialsec@rochdalectc.org.uk](mailto:socialsec@rochdalectc.org.uk)). Payment should be made to the Club account. Account No. 73449246, Sort Code 20-64-12. Please let Suzanne know when you have paid ([treasurer@eastlancsroadclub.org.uk](mailto:treasurer@eastlancsroadclub.org.uk)).

### Annual Awards Dinner 13<sup>th</sup> January

The Clubs Annual Dinner and Awards Ceremony will be held at Rochdale Golf Club on 13<sup>th</sup> January. Cost is likely to be around £25.00. Look out for an email with more details.

### Turbo Training with Paul West January

There will be the usual festival of suffering presided over by Paul West starting in January. Look out for more information.

## BAR FINALE

The BAR season finished with the usual flourish on Sunday 5<sup>th</sup> November with the Funnium. Big points were up for grabs in the Hill Climb, Downhill Freewheel and Slow Ride events.

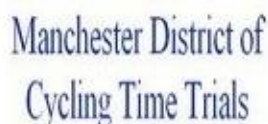
In the Hill Climb up Blackstone Edge Old Road Matt Jackson excelled with a time of 1m 58s. Pete Millen was second in 2m 49s and Cedric Matthew at 3m 05s. Going down the other side of the hill In the Downhill Freewheel Dave Trippier held onto his crown after a season of intensive training. He was closely followed by Matt Jackson and John Parker. Finally, in the event which is a mixture of balance and control, the Slow Ride took place at Hollingworth Lake Visitors Centre. Matthew Hartley won with John Parker and Dave Trippier coming second and third respectively.

The BAR results for the season will be in next months issue.

**Thanks to Pete Matthew for the report.**

## STOLEN BIKES

Two bikes have been stolen from one of our past members who lives in Shaw. Photographs of both bikes are below. There have been updates to the road bike from the picture below. It now has a Fizik Antares saddle with carbon rails, black pedals and the fork stem has been cut flush with the stem.





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**50 Years**  
1967-2017

**ARTICLES  
WANTED**

As the long winter nights draw in please spare a thought for your poor newsletter editor. Hunched over a laptop with hardly any articles for the off-season issues to keep him warm. Save him from the typing the ramblings of desperation by sending your news or anything of interest to our members to [newsletter@rochdalectc.org.uk](mailto:newsletter@rochdalectc.org.uk).

Thanks, Jon

If you have any information or spot these bikes please contact Dave Trippier ([clubsec@eastlancsroadclub.org.uk](mailto:clubsec@eastlancsroadclub.org.uk)).



## CLUB RUN ROUTES & LEADERS

You may recently have seen emails from Club Run Secretary, Pete Matthew ([pete.matthew@talktalk.net](mailto:pete.matthew@talktalk.net)), regarding Club Runs for 2018. As things stand the programme for next year will be similar to this years. However, Pete is always interested in receiving suggestions for new routes. Particularly of interest are routes for the Beginners Rides which, due to their limited distance of 30 miles, can be challenging to find interesting yet safe routes. If you have a route which you would like to propose please send it into Pete with as much detail as possible by the end of November. Don't forget to let him know if you also have a gpx file for the route.

The Club also requires ride leaders for the Saturday Beginners and Sunday Short Club Runs. Several of the leaders from 2017 are no longer available and new volunteers are welcome. If you can spare some time to help with the running of these rides please contact Pete at the email address above.

