



# La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.46 June 2017



## WELCOME

This month's issue focuses heavily on the Club's racing exploits. Andy Gorton won the 10m Mile TT Championship. Lloyd Coulter took place in his first mass start race and Club members took part in the West Pennine and our own Road Race.

Articles are welcome on any cycling topic so come on tourers and leisure cyclists jump on your keyboards and get your voices heard.

## VELODROME SESSION 5<sup>th</sup> JUNE

The Club is hosting a session at the Manchester Velodrome on 5<sup>th</sup> June. If you would like to attend please pay £15 into the Club's bank account (Account 73449246, Sort Code 20-64-12) and let Dave Trippier know that you will be attending. Bike and shoe hire are extra and payable on the night.

## CLUB 10 MILE TT CHAMPIONSHIP



Andy Gorton – The Club 10 Mile TT Champion

Saturday 13<sup>th</sup> May saw a large number of club riders turn out for the 10 mile TT Championship. The West Pennine RC hosted the event again on the L109 course based upon the Clitheroe by-pass at Sawley. The event started at 6pm when the traffic volume had reduced sufficiently. The riders faced a headwind on the 5½ mile outward leg and a good tailwind on the 4½ mile return.

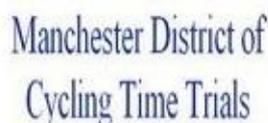
The times recorded by East Lancs members were as follows; Andy Gorton, 4th overall in event 22m 31s; Jason Codling, 24m 51s; Shaun Leonard, 25m 01s; Jack Millar, 25m 06s; David Trippier, 25m 15s; David Bentley, 25m 20s; Alex Wiseman, 25m 38mins; Dave Ireland, 25m 46s; Georgina Cape, personal best 26m 18s; Noah Codling, 26m 38s; Max Bentley, fastest Juvenile 27m 26s; Karen Bailey, 27m 37s; Nigel Suter, debut TT and PB 27m 47s; Sofia Riley, personal best 31m 10s; Nicole Decamps, 32m 04s.

Big congratulations are due to Andy Gorton in winning the East Lancs 10m TT Champ for the third time in five years.



## LLOYD'S FIRST ROAD RACE

Lloyd Coulter took part in his first mass start road race at Oulton Park on 13<sup>th</sup> May. The event which was organised by the TLI Organisation (<http://www.tlicycling.org.uk>) is held on the motor racing circuit. Eleven year old Lloyd is the first Club member to participate in one of





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**50 Years**  
1967-2017

**100 MILE**

## RELIABILITY RIDE

The Club's 100 Mile Reliability Ride took place on 7<sup>th</sup> May with a good turnout in lovely weather. All the participants completed the route through the Ribble Valley within 8 hours taking full points in the BAR Competition. Cycling UK members can see their current standing in the BAR completion on our website [Bar Standings.](#)

## SUMMER BBQ

Sunday June 25<sup>th</sup> is the date for the Summer BBQ to be held at the Puckersley Inn. The cost will be approximately £5.00 and Gareth assures us he has booked sunny weather.

Check your email for more information as details are announced.

## CLUB 25 MILE TT

Saturday June 24<sup>th</sup> is the date for the Club's 25 mile TT. To enter go to [www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk).

these events and put in a great performance, finishing well but having to wait until next year to get into the prizes. Well done Lloyd!

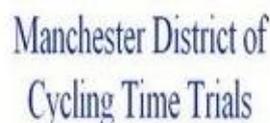


Lloyd Puts in a Fine Performance

## THE EAST LANCS ROAD RACE

The Club's Road Race, organised by Dave Trippier, was held on 21<sup>st</sup> May in the Hodder Valley near Clitheroe. The challenging 11 mile circuit starts at Bashall Eaves and heads north west on a steady climb to the hamlet of Cow Ark where it turns and descends fast on a rough stretch of road to cross the river at the Doeford Bridge. It then turns south east heading back through Chaigley, over the Hodder Bridge to the finish at Bashall Eaves.

The weather was good and a full field of 60 riders set off and maintained a fast pace throughout averaging 26 mph which restricted the ability of the riders to make a break away from the main peloton. East Lancs were represented by Chris Green, Andy Gorton, Oliver Huszar, Paul Ashworth and Ben Trippier. On lap two Chris and Ben escaped the bunch with two other riders including the eventual winner and they steadily built up a lead of over 1 minute on the bunch, but they were steadily reeled in on lap three, and apart from a few minor attempts to escape, it was all coming down to a bunch sprint finish.





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## WE ARE CYCLING UK - SUMMER OF CYCLING

Cycling UK is holding a number of events over the Summer months. The Big Bike Revival is currently under way and runs to the 18<sup>th</sup> June. The aim is to get people cycling and keep them cycling. The Big Bike Revival is delivered by over 100 bike recycling centres, community groups and charities and is supported by Halfords. For more information see [www.bigbikerevival.org.uk](http://www.bigbikerevival.org.uk).

Another event to look out for is Bike Week from 10<sup>th</sup> – 18<sup>th</sup> June. This event is all about people taking part in rides and thinking about their daily journeys in order to cycle more. See [www.bikeweek.org.uk](http://www.bikeweek.org.uk) for details of how to get involved.



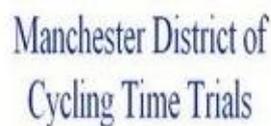
From Left, Club Members and Ben Trippier and Chris Green in the Break.

Toward the end of the final lap the whole bunch crossed the Hodder Bridge at speed then climbed up the hill and steadily increased their speed approaching the finish line. With 200 metres to go and with a good tailwind the sprint unravelled with Tom Lowe gaining a small advantage to ensure he took the honours by winning the race, with the East Lancs riders in the bunch. For Tom's impressions on the race see his blog post at [The Hard Road](#).



Tom Lowe Wining the Road Race

It was a great event made all safe and fast by the excellent marshalling in numbers by Club Members, all of whom were complimented by British Cycling officials. Thanks to everybody who volunteered to make the event a success.





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## SUNDAY CLUB RUNS

Rides start at 8:30am from Rochdale Leisure Centre.

### 4<sup>th</sup> June

Short Ride – Ramsbottom  
Medium Ride – Wycoller  
Long Ride – 150 miles in 12 Hours Reliability Ride

### 11<sup>th</sup> June

Short Ride – Ripponden  
Medium Ride – Buxton  
Long Ride – Gargrave

### 18<sup>th</sup> June

Short Ride – Bolster Moor  
Medium Ride – Haigh Hall  
Long Ride – Otley

### 25<sup>th</sup> June

Short Ride – Uppermill/Diggle  
Medium Ride – Barley  
Long Ride – Weaverham

### 2<sup>nd</sup> July

Short Ride – Crawshawbooth  
Medium Ride – Car Assist – Gisburn to Malham Moor & Grassington  
Long Ride – Grassington

### 9<sup>th</sup> July

Short Ride – Hebden Bridge  
Medium Ride – New Mills  
Long Ride – Kettlewell

## WEST PENNINE ROAD RACE



Oliver Huszar and Ben Trippier Create a Gap

Last Sunday the West Pennine Road Club organised their annual road race, which included four members from the East Lancs RC being Oliver Huszar, Paul Ashworth, Alex Wiseman and Ben Trippier

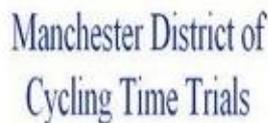
The race was held in glorious conditions on the short course at Bashall Eaves near Clitheroe. At just under 4 miles per lap, the riders raced for 14 laps to cover 55 miles and the favourable weather conditions resulted in a fast race. Any slip up in holding your position in the bunch saw riders slipping out the back and out of the race.

Making an audacious early break Ollie Huszar and Ben Trippier made a dash straight from the start and generated a small gap which they held for 2 laps but the bunch were in no mood to give up that early in the race and the duo were reined in. Nothing more happened for a few laps and then at approximately half distance two riders made their break from the bunch. They worked well together and steadily increased the lead right through to the finish.

Ed Hopper riding for Maxxis 4 RT outsprinted his partner to win the race for a great win and the rest of the bunch contested the lower placings 2 minutes in arrears with the East Lancs lads placed in the mid-teens.

## COCKERMOUTH VCC ROAD RACE

Senior riders Oliver Huszar, Paul Ashworth and Ben Trippier took part in the Cocker mouth VCC Road Race on Sunday 14<sup>th</sup> May. This was a National B Grade race over 75 miles over a rolling circuit in Cumbria for elite, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Category riders. The early pace was fast





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## SATURDAY CLUB RUNS

### 3<sup>rd</sup> June

Beginners – Uppermill/Diggle  
Medium Ride – Chatburn

### 10<sup>th</sup> June

Beginners – Edenfield  
Medium Ride – Castleton

### 17<sup>th</sup> June

Beginners – Heaton Park  
Medium Ride – Rivington

### 24<sup>th</sup> June

No runs due to Club 25 Mile TT

### 1<sup>st</sup> July

Beginners – Hebden Bridge  
Medium Ride – Longridge

### 8<sup>th</sup> July

Beginners –  
Haslingden/Helmshore  
Medium – Lyme Park

All runs start from Rochdale  
Leisure Centre at 9:30am.

as was expected from a quality field of riders with various attempts at establishing a breakaway from the peloton, but all came to nothing until a third of the way through the race when 3 riders slipped of the front. These were joined a little later by three further riders including Ben Trippier and again another five riders joined the breakaway group which now comprised 11 riders. This group remained clear of the peloton for the remainder of the race with professional rider James Gullen from JLT Condor riding away from the break on the last lap to win the race on his own. Ben finished 11<sup>th</sup>, Paul was in the bunch and Oliver cramped up with 11 miles to go but all three made their presence felt in a great race.

**Thanks to David Trippier for all this month's race reports.**



Manchester District of  
Cycling Time Trials

