



La Gazzetta

Newsletter of Rochdale CTC & the East Lancs Road Club



No.61 June 2019

WELCOME

The Club is looking forward to a brilliant summer of cycling and hopefully a few social events as well.

This edition has a special report on the recent announcement that the 2019 Tour of Britain will be coming through Rochdale on Saturday 14 June.

Cragg Challenge Grimpeur

Shaun Donnelly and Andy Reagan are organising an event on Sunday 22 September 2019.

It will coincide with a number of cycling related activities as part of the Cragg Vale Challenge. The start from Mythomroyd will have the benefit of a closed road up Cragg Vale. The ride will be 110Km with 7300ft climbing, start time from 8am.

Members will be welcome to ride or volunteer

More details to follow in the next edition.

2019 OVO Energy Tour of Britain



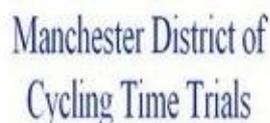
Some of you may have already picked up that Greater Manchester is hosting the final stage of the 2019 OVO Energy Tour of Britain. The full route can be found on the Tour of Britain website, if you type the following in your web browser you can view the final stage;

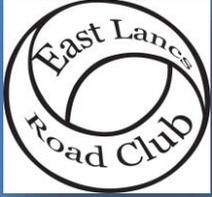
<https://www.tourofBritain.co.uk/stages/stage-eight/>

All the stages and the detailed route maps are on the above TOB website. The route for Stage 8 on Saturday 14th September through Rochdale has been agreed as follows. From Oldham comes in down Broad Lane, Oldham Road, Wood Street, Molesworth Street, John Street, St Mary's Gate, Newgate, Esplanade, Mellor Street, Spotland Bridge, Edenfield Road, Owd Betts.

This will be an exciting opportunity to see some of the top pro riders up close and also attract lots of people to come out and watch. The Council are also looking to organise some events in Rochdale Town Centre and Norden to coincide with the race and to also promote cycling, health and well being and to include children and young people as much as possible.

How local cycling clubs, including ELRC, can get involved in the event will be discussed in the near future. If anyone has any ideas let me know.





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Dates for your Diary

ELRC 25 Mile TT

Saturday 22 June 2019
2pm, J2/1
Allostock Village Hall
Jason Codling

ELRC 2 Stage Hill Climb

Sunday 8 September 2019
11am, J9/19 & J9/11
Littleborough
Mike Coulter

If you are not riding there will be something you can do to help. If you are available please contact the organiser of the individual event direct.

Race Reports

ELRC 10 Mile TT - Saturday 27 April 2019

Unfortunately, due to the inclement weather this event had to be cancelled on the day. A massive thank you to John Preston and his team of helpers and marshals for turning out and being ready to support the event.

ELRC Spring Road Race – 19 May 2019

The annual ELRC road race was well attended with a mixed field of Cat 2,3 and 4 riders. The weather was kind on the day and the race started at breakneck speed. The 5 lap, 55 mile race on the undulating long Bashall Eaves circuit near Clitheroe always throws up a number of challenges. There were a couple of spills with one rider coming off on one of the corners and being taken to A&E to be checked out. Thankfully he was OK.

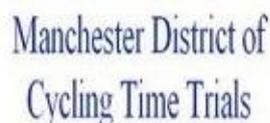
The top three on the podium were;

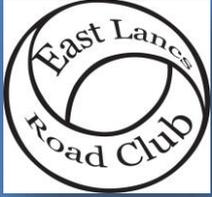
- 1st Sam Fairhurst (Bill Nickson Cycles RT) Cat2
- 2nd Declan Hudson (Liverpool Century RC) Cat2
- 3rd Jake Womersley (Crimson Orientation Marketing) Cat2

A big shout out to the only East Lancs rider in the field Matt Jackson who finished in 29th place after staying in the main front group for the majority of the race. Well done to our other local rider who finished the race in 30th place Robert Hulme from West Pennine RC.

A Special Mention

Congratulations to ELRC rider Karen Bailey for breaking the women's vets 10M TT Club record in a time of 23.45 minutes on Levens on Saturday 1 June





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Safety on the Road

Riding in a group can be fun and is what being a Club rider is all about.

It is important to remember that riding in a group is different from riding solo. As well as thinking about yourself and traffic you also need to consider your fellow riders.

British Cycling offer some tips for riding safely which can be found here <https://www.britishcycling.org.uk/membership/article/20140102-Road-safety-tips-for-members-0>

The main thing is be aware of what is going on around you and to anticipate the conditions.

If you are not as confident on the road then watch and learn from others who are, look at what they do and copy them.

Enjoy your riding and be safe

Club BAR Standings

The BAR standings as of the 19th May are up to date on the club web site. The competition as we stand is very close with Sam Kelly leading the juniors with 50 points.

The ladies competition has Karen Bailey leading but there are 3 ladies within 22 points so all within easy reach of the top spot.

The men's competition has Shaun Donnelly leading but there are 5 riders within 19 points.

It is a good time to thank everyone who has taken the time to enter the two reliability rides that have taken place so far this season with 31 taking part in the 50 in four hours and only 1 dropping out and 22 club members and visitors taking part in the 100 in 8 hours which with all riders completing. This raised a good amount for charity.

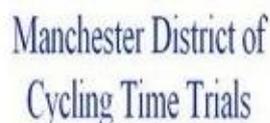
Dave Trippier got a gold star for sorting out the cafe stop in Bolton-le-Bowland on the 100 which was excellent.

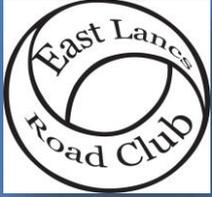
At the time of going to Press I am not totally sure which riders braved the 150mile reliability ride last Sunday. I am aware from Strava that Dave Trippier and Andrew Gibson completed the ride. Well done to them both as the weather was not kind on the day but they both finished in impressive times. If anyone else completed the ride please let Wally know.

Thanks to Wally for this report.

ELRC Summer BBQ – Sunday 23 June 2019

The highlight of the ELRC social calendar has arrived once again. The hosts will be The Puckersley Inn and the BBQ will start at 2.00pm until late. There is a short ride to Crawshawbooth and a medium ride to Barley on this day. There will be no long ride.





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Articles for the next edition

The newsletter this time is a little short of articles and more importantly photos. We are reliant on members telling us about their exploits including cycling trips and adventures on two wheels. If any members are going on cycling trips over the summer send them through with photos and I will include them in the next edition.

A bit of a Joke

A cyclist lying on his deathbed asked his best friend to do him a favour when he'd gone. "Anything," replied his friend. "Just don't let my wife sell my bikes for what I told her I paid for them," he begged

Club Runs for the rest of June

Always best to double check the Club Website and social media for all the Club Runs on a Saturday and Sunday mornings.

Saturday 8 June

9.00am Fast Training Ride

9.30am Beginners Ride to Hebden Bridge and Medium Ride to Rivington

Sunday 9 June

9.00am Fast Training Ride

9.30am Short Ride to Ripponden, Medium Ride to Buxton and Long Ride to Gargave

Saturday 15 June

9.00am Fast Training Ride

9.30am Beginners Ride to Heaton Park, Medium Ride to Longridge

Sunday 16 June

9.00am Fast Training Ride

9.30am Short Ride to Bolster Moor, Medium Ride to Haigh Hall and Long Ride to Otley

Saturday 22 June

No Club Runs due to ELRC Open 25M TT

Sunday 23 June

9.30am Short Ride to Crawshawbooth, Medium Ride to Barley

No Long Ride due to ELRC Summer BBQ

Saturday 29 June

9.00am Fast Training Ride

9.30am Beginners Ride to Haslingden/Helmshore, Medium Ride to Lyme Park

Sunday 30 June

9.30am Short Ride to Uppermill/Diggle, Medium Ride to Car assist out of Gisburn to Malham Moor and Grassington and Long Ride to Grassington

